

Colorado Healthy Hospital Compact

What is the Colorado Healthy Hospital Compact?

The Colorado Healthy Hospital Compact is an agreement by hospitals that share a mission to protect and promote the health of hospital patients and their families, visitors and staff. Compact Partner Hospitals lead by example as they implement measures designed to improve the quality of their nutrition environments. In so doing, hospitals are will develop a culture of wellness and support Governor John Hickenlooper's goal of making Colorado "the healthiest state".

As Partners in the Compact, hospitals gain access to a growing network of peer hospitals that are connected to the latest best practices and innovations in the national healthy hospital movement. The Colorado Department of Public Health and Environment (CDPHE) supports the Compact through staffing and technical assistance to encourage healthy food and beverage environments in Colorado hospitals that benefit patients and their families, visitors and staff.

The Compact at a glance:

- There are four **PROGRAMS**;
- Each program is composed of a number of **STANDARDS**;
- Each standard is given a certain number of POINTS;
- There are four LEVELS OF RECOGNITION based on the cumulative number of points:
 - o Bronze
 - Silver
 - Gold
 - o Platinum

PROGRAMS

The Compact consists of four programs. Hospitals choose the program or programs in which they want to participate:

- 1. The Healthier Food Program,
- 2. The Healthier Beverage Program
- 3. The Marketing Program
- 4. The Breastfeeding Policy and Support Program

STANDARDS

Each of the four programs is comprised of standards designed to improve the hospital's food and beverage environments. Hospitals that join the Compact will select and work to implement as many standards as they deem feasible.

POINTS

There are 25 points available per program. Points have been allocated to each standard within every program based on the standard's importance and difficulty of implementation.

LEVELS OF RECOGNITION

Hospitals are recognized for the total points accumulated, whether in one single program or across multiple programs. There are four levels of recognition: Bronze, Silver, Gold and Platinum.

Bronze: 20-40 points
Silver: 41-65 points
Gold: 66-80 points
Platinum: 81-100 points

How does a hospital join the Compact?

Hospitals that join the Compact are known as **Partner Hospitals**. To participate in the Compact and be identified as a Partner, the hospital will:

- 1. Submit a signed statement from the hospital leadership committing to the Compact
- 2. Identify a point person to guide the work and serve as a liaison to CDPHE and Compact Partner Hospitals
- 3. Form a committee to manage Compact activities
- 4. Provide quarterly progress on the activities associated with the Compact to the hospital's executive leadership team; hospitals are encouraged to include representation from their local health department as well as community members to support this process
- 5. Participate in an annual review to measure progress and compliance with Compact standards

In addition:

- Partner Hospitals will ensure access to free drinking water. Partner Hospitals should make free
 drinking water available either at a fountain drink station, an independent water dispenser, or as a
 separate water fountain or jet.
- Partner Hospitals will select one or more standards from any of the Compact's four programs on which they will focus during the first year after joining the Compact. The chosen program standard(s) should represent a challenge for the hospital.
- Partner Hospitals will complete the Partner Hospital Agreement and Pledge and return it to CDPHE.

Website: <u>Colorado Healthy Hospital Compact - https://www.colorado.gov/pacific/cdphe/healthy-hospital-compact</u>

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